



Stafford State School

Independent Public School



Term 2

Week 5

Prep

Home Learning

Learning Areas:

- English
- Mathematics
- Science
- Health/PE
- Music
- Digital Technology
- Library



<p>Wellbeing Task</p>	<p>Colour Breathing – With another family member, lie or sit comfortably and close your eyes. Take three long slow breaths. When you are both calm take turns saying a colour out loud. When you hear the colour try to picture that colour in your mind. Imagine your body breathing that colour in and then blowing it out of your body (like an ocean wave rolling in and out of the beach) continue for three breaths before you say another colour. Continue for up to 5 minutes. How do you feel?</p>
<p>English</p>	<p>Practise the letter formations using the laminated alphabet card and white board marker that was sent home. In your scrapbook, write the letters i, j, l, t, x and z using correct formation. Read the story of The Enormous Turnip, which we have included in your pack, with a parent/carer. Retell what happened in the beginning, middle and end of the story. Draw a picture to match each part of the story. Where is the story taking place? How do you know? Discuss this with your parent/carer. Explain how the story reminds you of something in real life. Worksheet 1 – trace the patterns on the soup mug.</p>
<p>Break</p>	
<p>Middle Maths</p>	<p>Trace the number formations on the laminated card that was sent home using the white board pen provided. In your scrapbook practise the numbers 1 and 2 using correct formation. Can you copy or write the words? Recite the days of the week. What day is it today? What day is it tomorrow? Recite the months of the year. What month are we in? What is next month? Worksheet 2 Colour in the picture, cut along the lines to make puzzle pieces. Glue back together to make the picture.</p>
<p>Break</p>	
<p>Afternoon Science</p>	<p>Discuss what you wear during the Winter. What activities do you do? What foods do you eat? Draw a picture in your scrapbook of you during the Winter doing your favourite activity and eating your favourite food.</p>



Wellbeing Task	Use the Yoga Poses For Kids cards – Put them in an order and make your own yoga sequence. Make up a story in your head to go with the poses as you do them. Keep the cards somewhere safe to use again.
English	<p>Practise the letter formations using the laminated alphabet card and white board marker that was sent home.</p> <p>In your scrapbook, write the letters c, e, f, o and s using correct formation.</p> <p>Re read or watch <i>The Enormous Turnip</i> with a parent/carer. What interesting words can you find in the story? Identify all the characters in the story and talk about them with your parent/carer.</p> <p>Verbally describe one of the characters to your parent/carer. What do they look like? What do they do? What do they like/dislike?</p> <p>Worksheet 3 List the characters in the story.</p>
Break	
Middle Maths	<p>Trace the number formations on the laminated card that was sent home using the white board pen provided.</p> <p>In your scrapbook practise the numbers 3 and 4 using correct formation. Can you copy or write the words?</p> <p>Recite the days of the week. What day is it today? What day is it tomorrow? Recite the months of the year. What month are we in? What is next month?</p> <p>Ordinal number.</p> <p>Find 10 toys/objects and line them up. Practise counting using ordinal numbers- first, second third etc. Point to the first one in line. What is last? What is coming 3rd? What item is between 6th and 8th? etc Can you go up to 20?</p> <p>Worksheet 4 Glue the characters in order.</p>
Break	
Afternoon Digital Technology	Complete an activity from the Digital Technology grid.



Wellbeing Task	Draw a heart or picture on a piece of paper and hide it somewhere in your home. Make a treasure map for someone else in your home to find the picture. When they find the picture give them a big cuddle for up to 30 seconds!
English	<p>Practise the letter formations using the laminated alphabet card and white board marker that was sent home.</p> <p>In your scrapbook, write the letters b, h, k, m, n and r using correct formation.</p> <p>Practise writing your name in your book. If you can already write your first name, practise your last name as well.</p> <p>Re-read the story of The Enormous Turnip. Can you join in with parts of the story?</p> <p>Resource 1 Colour in the turnip. Follow the directions on the sheet to complete the push and pull activity.</p>
Break	
Middle Maths	<p>Trace the number formations on the laminated card that was sent home using the white board pen provided.</p> <p>In your scrapbook practise the numbers 5 and 6 using correct formation. Can you copy or write the words?</p> <p>Recite the days of the week. What day is it today? What day is it tomorrow? Recite the months of the year. What month are we in? What is next month?</p> <p>Worksheet 5</p> <p>Cut the turnips out and sort them according to size. Glue them in order from smallest to largest in your scrapbook.</p>
Break	
Afternoon	See PE sheet.
Health and PE	



Wellbeing Task	Practise the skipping challenge. How many forward skips can you do in 30 seconds, how many backward skips can you do in 30 seconds and how many tricks can you do in 30 seconds? What new tricks can you learn this week?
English	<p>Practise the letter formations using the laminated alphabet card and white board marker that was sent home.</p> <p>In your scrapbook, write the letters a, d, g, q using correct formation.</p> <p>Re-tell The Enormous Turnip to a parent/carer.</p> <p>Worksheet 6</p> <p>List the ingredients you would put in your soup.</p>
Break	
Middle Maths	<p>Trace the number formations on the laminated card that was sent home using the white board pen provided.</p> <p>In your scrapbook practise the numbers 7 and 8 using correct formation. Can you copy or write the words?</p> <p>Recite the days of the week. What day is it today? What day is it tomorrow? Recite the months of the year. What month are we in? What is next month?</p> <p>Worksheet 7</p> <p>Cut out the turnips and glue in the correct order from 1-10. Glue the number words underneath.</p>
Break	
Afternoon Music	See Music Sheet.

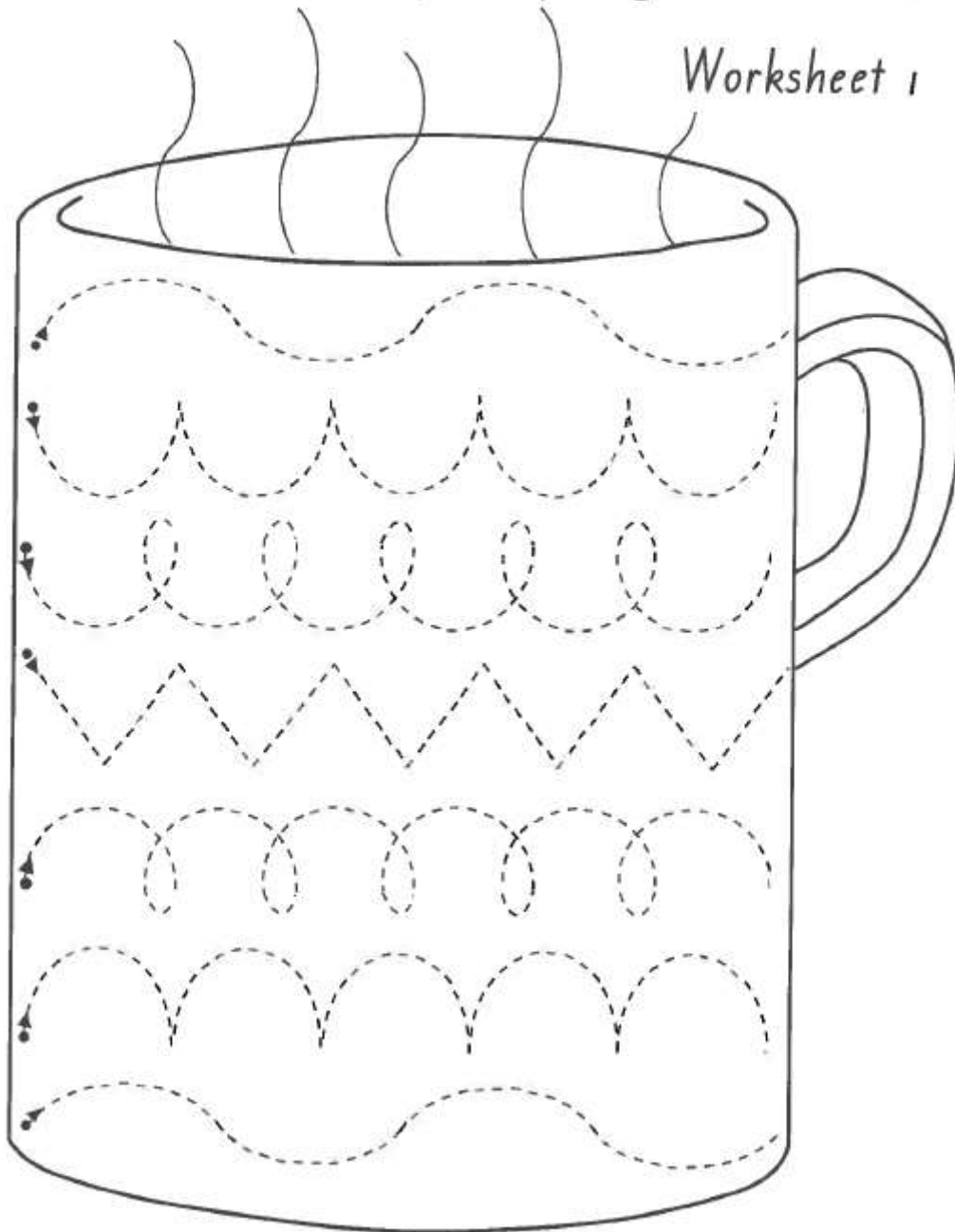


Wellbeing Task	What does grateful mean? You could call a grandparent or family friend and ask them. Ask them what they are grateful for and tell them 3 things you are grateful for.
English	<p>Practise the letter formations using the laminated alphabet card and white board marker that was sent home.</p> <p>In your scrapbook, write the letters p, u, v, w and y using correct formation.</p> <p>Find your story of The Enormous Turnip.</p> <p>Shade all of the Golden words in the story. The Golden words are of, in, to, a, that, is, be, it, and, the, I, was.</p> <p>You may like to shade the red and blue words too.</p>
Break	
Middle Maths	<p>Trace the number formations on the laminated card that was sent home using the white board pen provided.</p> <p>In your scrapbook practise the numbers 9 and 10 using correct formation. Can you copy or write the words?</p> <p>Recite the days of the week. What day is it today? What day is it tomorrow? Recite the months of the year. What month are we in? What is next month?</p> <p>Resource 2</p> <p>Colour each turnip counter a different colour for the game. Cut them out to play the game with someone in your family. Make sure you follow the rules!</p>
Break	
Afternoon Digital Technology	Complete an activity from the Digital Technology grid.

The Enormous Turnip: Soup Mug Patterns



Worksheet 1



Enormous Turnip Jigsaw Worksheet 2

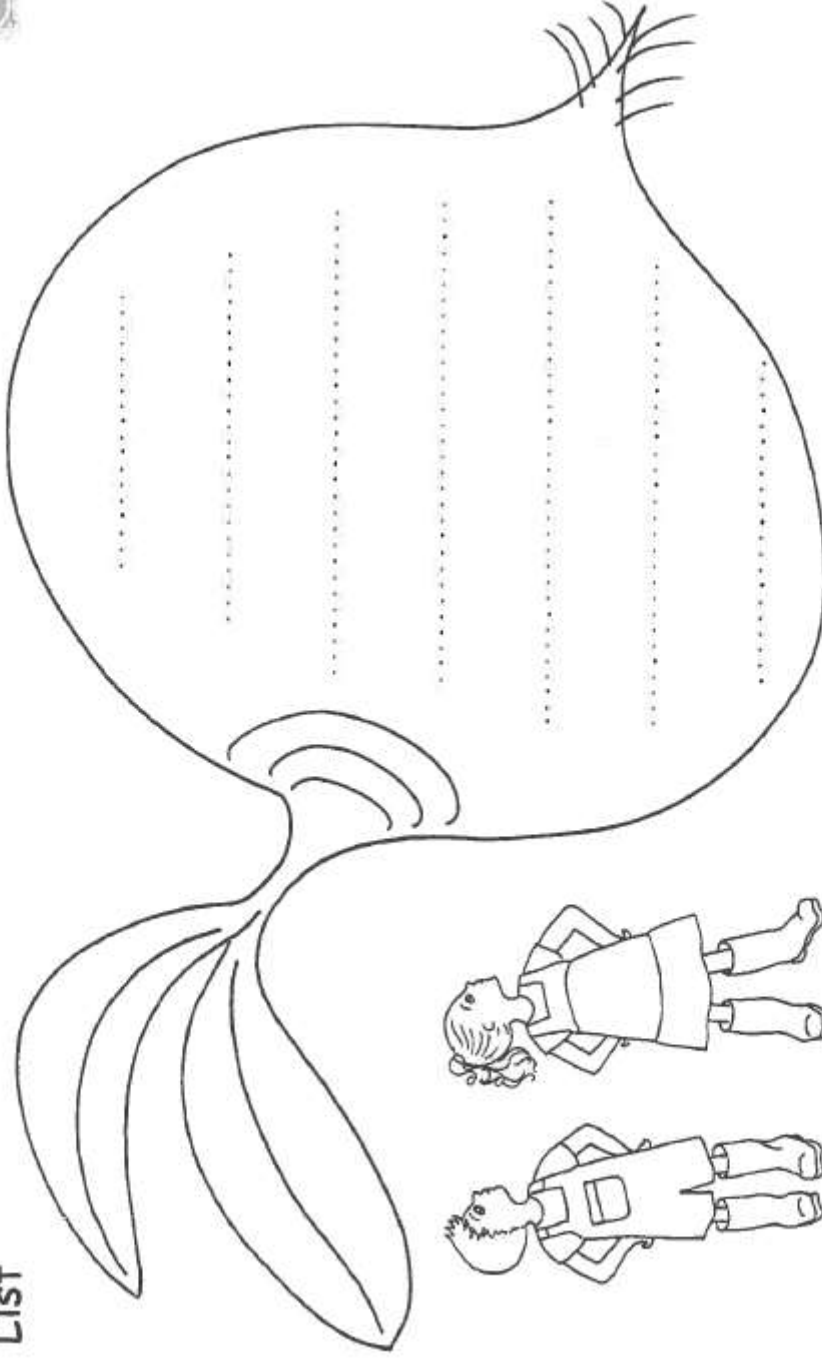
Colour, cut and place or paste back together



The Enormous Turnip List

Worksheet 3

Write a LIST



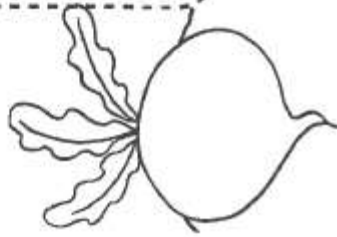
The Enormous Turnip Ordinal Numbers

Colour and cut out the characters below and paste them in the right order above the line.



Worksheet 4

--	--	--	--	--	--	--	--



1st

2nd

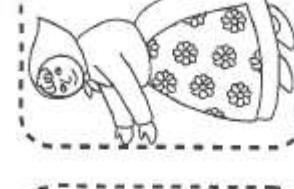
3rd

4th

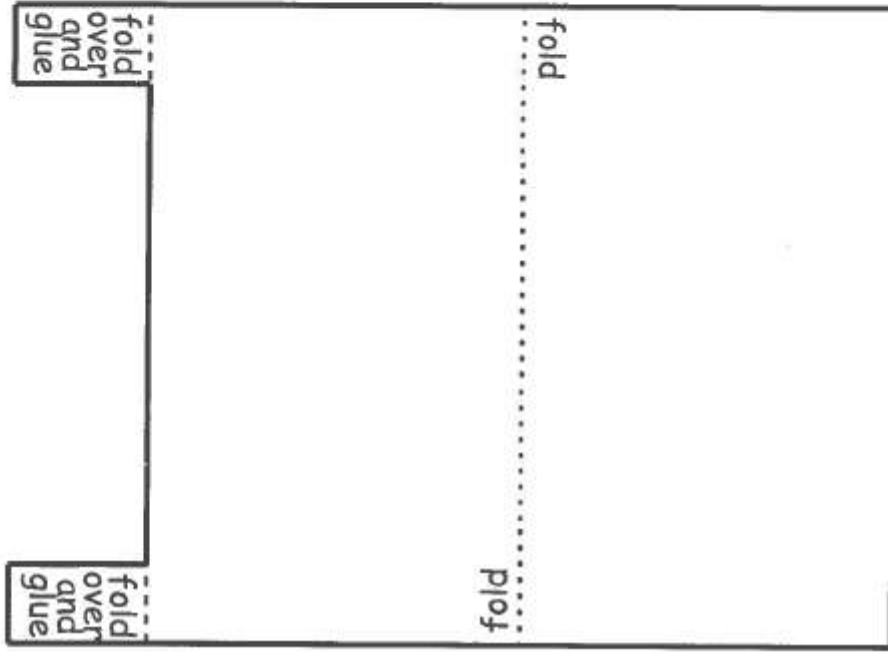
5th

6th

7th



The Enormous Turnip Push-and-Pull

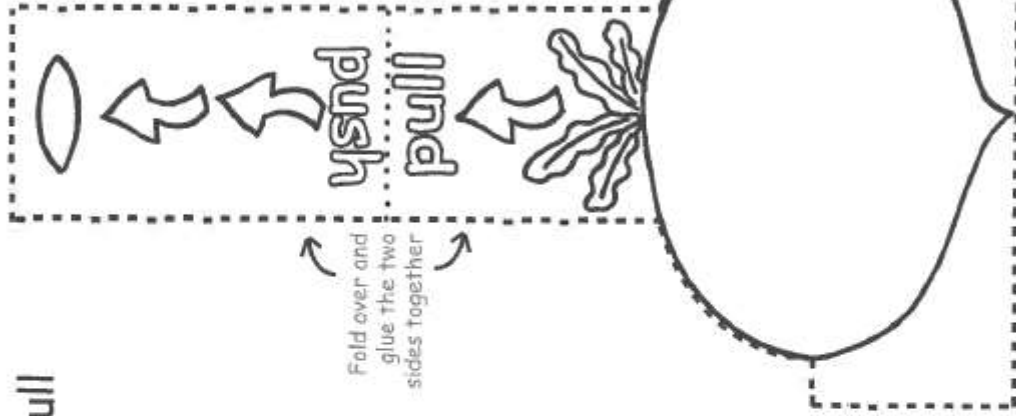


Colour outer packet to look like soil. Fold and glue the turnip strip and place in 'soil'. Glue soil tabs

PUSH
the seed
into the soil



PULL
the turnip up!



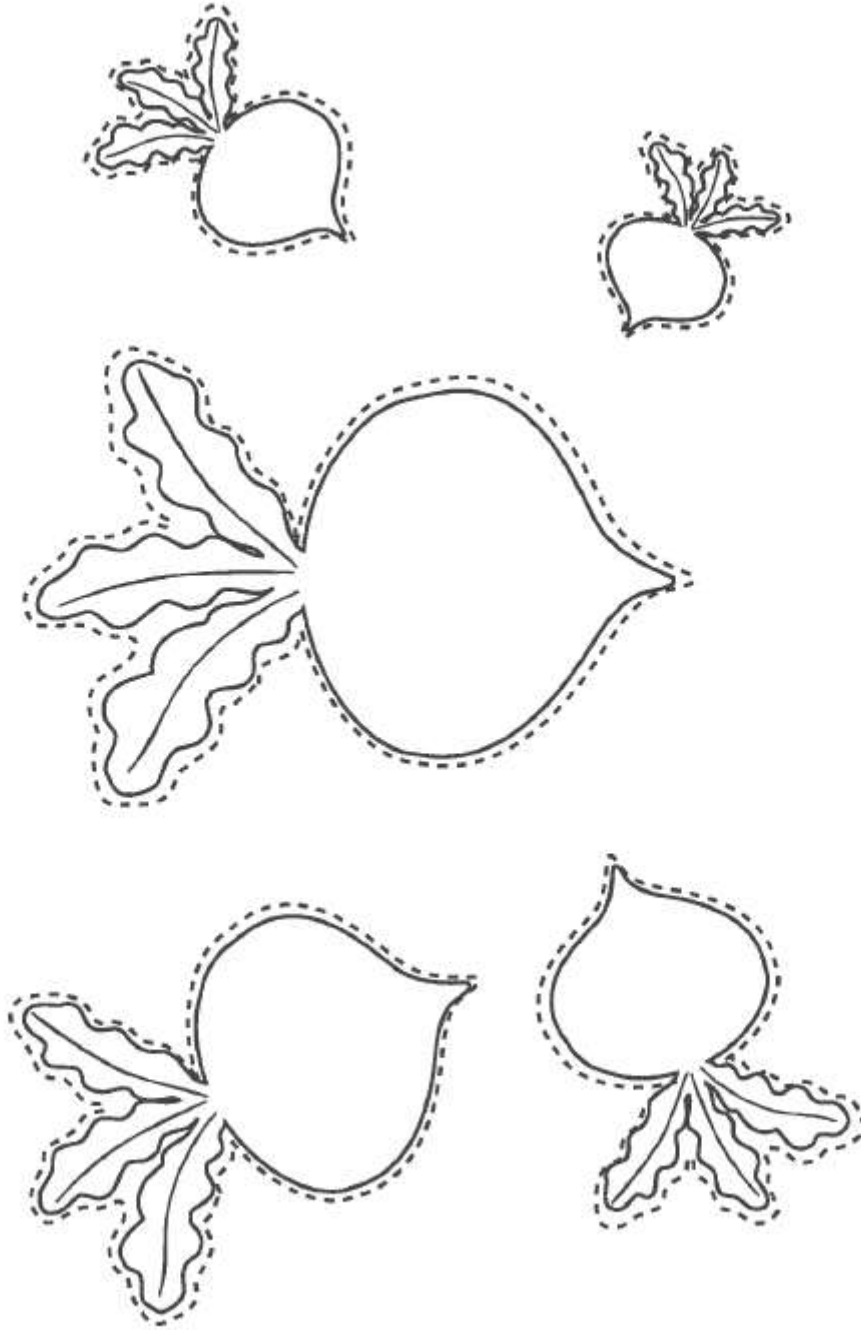
Resource 1

The Enormous Turnip Size Sort

Clour, cut and paste the turnips in order of size



Worksheet 5



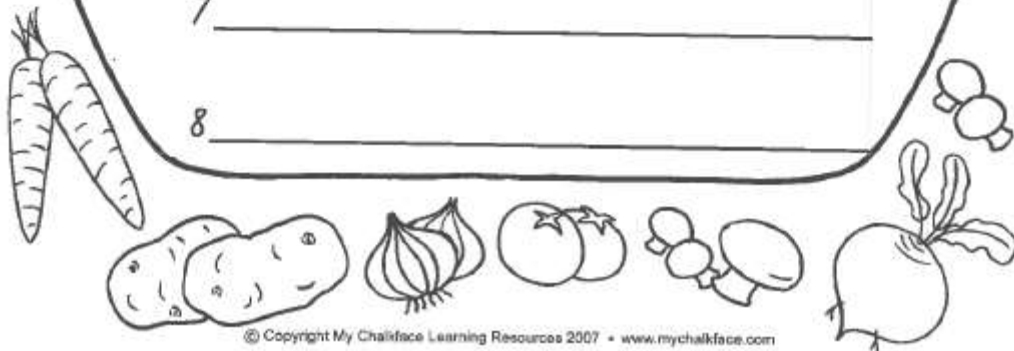
The Enormous Turnip: Vegetable Soup Recipe



List the ingredients you would put in your soup?

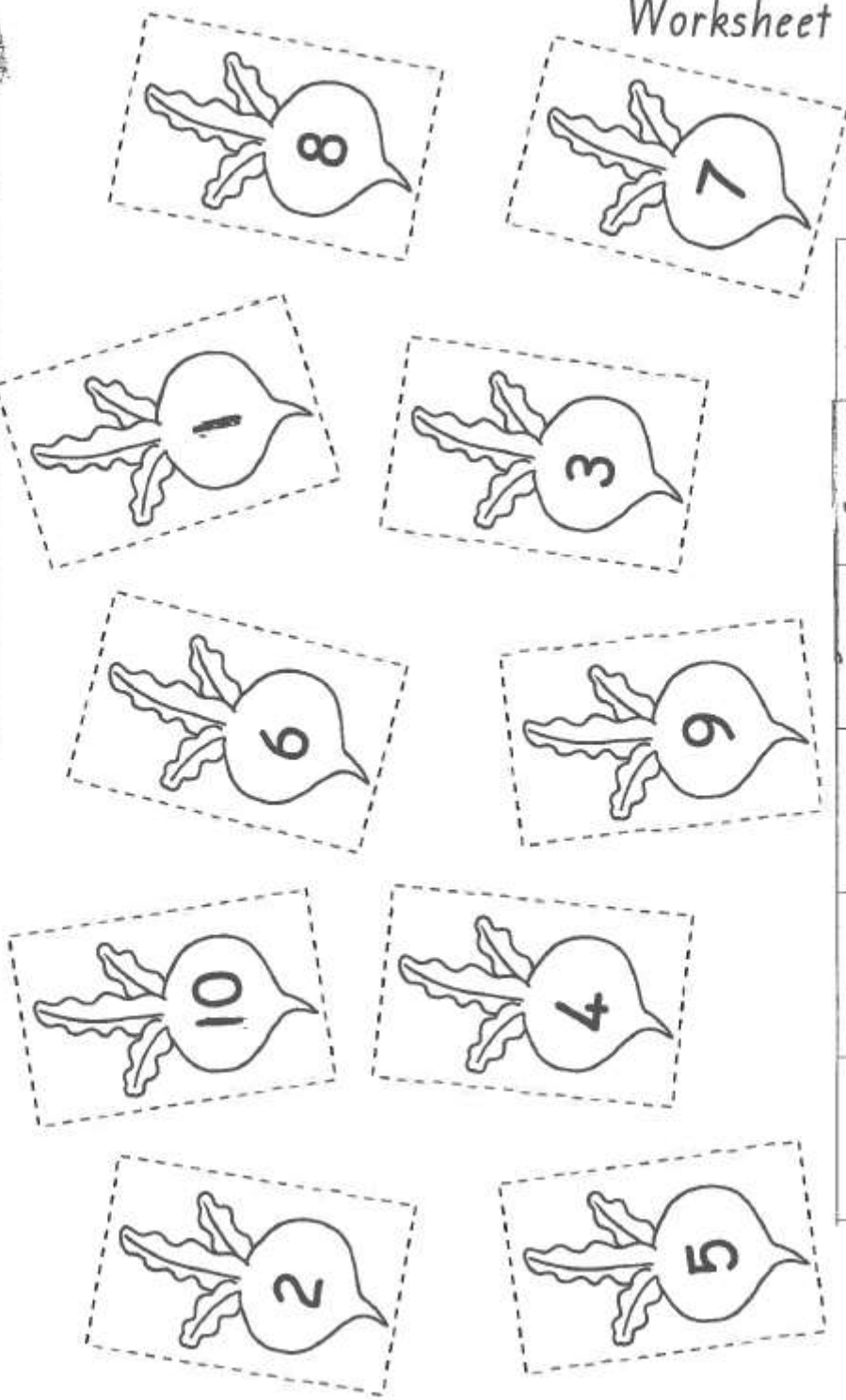
Worksheet 6

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____



Enormous Turnip Number Sort

seven	four	one	eight
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two	nine	six	ten	five	three
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Resource 2

How does your turnip grow?
Throw a die to go round the garden, first to finish wins.

Start

RULES

Brrr! Snow! The soil is frozen - go back one!

Rain helps the turnip grow - go forward one!

Sun helps the turnip grow - go forward one!

Oh no! a worm is eating the turnip! Miss a turn!

The Enormous Turnip Board Game

Finish
The first to finish takes the turnip home!



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Music
P1, P2, 1A and 1B
Week 3, 4 and 5

Topic 2 – Where and why people make music?

Task 1

Look

- Have a look at the pictures on the following page.
- Where and why are these people making music?
- Can you answer any of the questions below?

Where are they?

What is around them?

Who is listening to the music?

What do you think the music is like?

Are they using instruments or their voices or both?

Why are they making the music?

Why are they in this place?

What does this music make you think about?
Why?



Which is your favourite picture?

Why? _____

Task 2

Music is for everyone! Music brings people together.

Sharing music is something wonderful you can do with your family.

Talk with your family members about music.

Colour in each box when you have discussed the question with someone.

What sorts of music do you like?	What is your favourite instrument? What instruments have you played?	What different sounds and instruments are used in music?
Where do people make music?	Why do people make music?	What does music make you think about? Why?
Is there music that is special to your family or culture?	What sorts of music does someone in your family like?	What do you like about music you listen to or make?

Draw

Draw somewhere where you hear music.

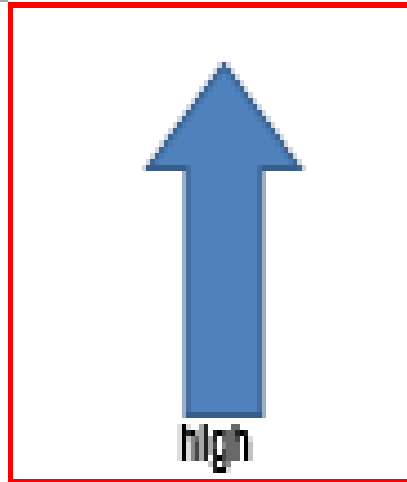
Draw your favourite instrument.

Draw yourself making music!

Task 3

Music is made when different sounds are used in different ways.

→ Comparative cards



Choose a song or a rhyme. Try singing it and saying it using different voices –
high, low, fast, slow, loud, soft

Sound like a robot, the Queen, a baby, a giant –
what other voices can you use make it sound different?

<p>Listen to a piece of your favourite music. Circle what you hear. Discuss what you heard with a family member. Did they agree or disagree with your findings?</p>	
one person singing	lots of people singing
talking	no singing or talking
high sounds	low sounds
fast sounds	slow sounds
loud sounds	soft sounds
the sound stopped during the music and started again	the sound stopped at the end of the music



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Health – Prep

This term, students explore how their bodies are growing and developing, and identify the actions that will keep them healthy such as diet, hygiene and physical activity.

Week 5 – Actions to keep you healthy – active and inactive

Everybody is different. We keep our bodies active in different ways and we rest in different ways

1. What does being active mean?
2. What does being inactive mean?
3. Draw pictures for some of the ways you like to be active

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4. Draw pictures for some of the ways you like to be inactive

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Extension: Take photos of yourself doing things that are active and inactive and make them into a book.

Be happy, be healthy, be safe!
Miss B

PE – Prep to Year 2

Weeks 3, 4 and 5



This term, students participate in tagging games which incorporate the fundamental movement skills of dodging and running. They experiment with movement skills and test alternatives to solve movement challenges. They demonstrate positive ways to interact with others.

Please email me a photo or video of you completing the following activities.

EMAIL: nxsma0@eq.edu.au

Week 3 – Dodging and Obstacle Course

https://www.youtube.com/watch?v=v7V_uKNvxvk

Choose some objects from around the home or use chalk outside to design your own obstacle course. Your course needs to include some dodging. If you would like to be like a ninja warrior you could time yourself doing the course and then see if you can get faster. Remember it is your job to pack up the course after you have completed it.

Week 4 – Hopping and Skipping (step-hop, step-hop) – not with a rope

Practise hopping on each leg. Hop around some obstacles.

Skip over a distance (of at least 20m) – remember the pattern step-hop, step-hop. If this is difficult begin with one step and two hops on the right then one step and two hops on the left or watch this clip <https://www.youtube.com/watch?v=LWUsF32jdFg>

Week 5 – Overarm Throw and Dribbling a Ball (with your feet)

Throw - Using a large outdoor space practise throwing overarm. Make sure the foot that is not on the same side as your throwing arm is out in front. Use your whole body to throw not just your arm. https://www.youtube.com/watch?v=C0sl_YYBxuo watch these 5 stages.

Dribbling – using any ball you have at home kick the ball from one place, around some obstacles and then into a made up goal. Make sure you are kicking with the inside or outside of your foot (not your toe). <https://www.youtube.com/watch?v=fcHJJ1SnwSk>

Extension activities – send me a video of you bouncing a ball, skipping with a rope or playing catch.

While learning at home, keep up as much physical activity as possible. Dancing, running, walking, scooting, riding, climbing, rolling, bowling, jumping, throwing, catching, kicking, bouncing, skipping. Make up your own games and create your own obstacle courses. Have fun with movement!

I can't wait to see you when you get back and to see what you have been up to!

Miss B



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Health and Wellbeing Grid

Weeks 1-5

Prep - Year 6



Continue to highlight items off this grid as you complete. If you would like some more ideas check out the [65 Fun Things To Do Activities](https://www.teachstarter.com/au/teaching-resource/65-fun-things-to-do-with-kids-at-home/)

<https://www.teachstarter.com/au/teaching-resource/65-fun-things-to-do-with-kids-at-home/>

Online Tasks	Offline Tasks			
YouTube - Just Dance Uptown Funk High Hopes Waka Waka That Power	Create a health diary and list all the things you do each day to look after your body	Design your own yoga sequence – link poses you know and/or make up some of your own	Create a hop scotch with chalk or pieces of paper How many different ways can you play?	Draw pictures of 6 ways you should look after your body every day. You could turn it into a poster
Choreograph a dance to Dance Monkey or another favourite song	Write a list of 10 things you like about another family member	Write a list of 10 things you like about yourself	Blow up a balloon, learn to tie the balloon. See how long you can keep the balloon in the air.	Design a funny poster that would encourage people to exercise and eat healthy
Do a meditation with a family member – smiling mind is a great app	Go for a scoot, walk, run or bike ride – collect some objects from nature and make a collage	Try two new fruits or vegetables each week to boost your immune system	Build a cubby house Make sure you pack it away after play	Create your own obstacle course. You could use chalk and objects from around the home
Learn how to draw on 'Art Hub for Kids' or how to type on Dance Mat Typing	Write 5 'I am ...' statements to describe yourself.	Design a new active game for indoors	Write a thankyou letter to a doctor or nurse who is exhausted treating patients	Write a list of 10 things and opportunities you're grateful for
Find your favourite GoNoodle on YouTube	Design your own scavenger hunt and ask someone in the house to complete it	Create a line drawing in black texta/pen and colour in with colour leaving no white spaces	Play with a ball – hit, kick, throw, catch, roll, juggle, experiment	Scrunch up some paper into a ball and throw it at a target – create a points system
Follow a Cosmic Kids yoga story online or PE with Joe 5 minute moves	Move to the Music - play a range of music styles and move your body in funny ways to the beat	Create a beat with your body and objects and teach it to a family member	List 7 things you could tell a friend to do when they need; cheering up, calming down or help to relax.	Call an elderly family member and read them a story – maybe they will read one to you too?



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Digital Technology

Years Prep-2

Weeks 3, 4 and 5

Online Activities	Offline Activities			
Use the Scratch Junior app on iPad/tablet to create your own program.	Draw a picture of a robot. Add colour and labels.	Build a robot using cardboard boxes and other recycling and craft materials.	Build a robot out of LEGO.	Sort your LEGO (or coloured pens/pencils) into colours and sizes.
Watch Youtube *(Link below): 'Going on a Bear Hunt'. List the order of the places they visit. E.g. long wavy grass,	Pretend to be a BeeBot and program some directions for you (or a sibling) to follow.	Create a treasure hunt game.	Tell and retell a story *Think about the sequence.	Solve some puzzles
Watch Youtube *(Link below): Rosie's Walk. List the order of the places Rosie visits. E.g. Across the yard	Create and follow a maze.	Build with blocks. Think about the steps you did to make it and see if you can knock it down and rebuild it the same way.	Build some LEGO by following the instructions.	Create a maze using boxes and other recyclable materials. Take a toy through the maze.
Use a computer keyboard to practise finding letters and typing words. *Can also be done offline using a print out of a keyboard which can then be coloured. Try using one colour for vowels and other colours for the consonants.	Build and create with LEGO.	Do some beading and create different patterns.	Use just 4 LEGO blocks and build a duck. Can you make different ducks using the same 4 blocks?	Create your own puzzles by drawing a picture and then cutting it into different shapes and putting it back together.

Online resources

- Scratch Junior app on iPad
- Watch: YouTube *Going on a Bear Hunt:*
<https://www.youtube.com/watch?v=Waoa3iG3bZ4>
- Watch: YouTube: *Rosie's Walk*
<https://www.youtube.com/watch?v=R3kNUTwJhf8&t=15s>



Every Day is a Good Day to Read a Book! Read at home with someone or independently every day, just for fun. Try for at least 20 minutes but more is better. Remember you don't have to do this all at once. Five minutes here and there is also good. Read fiction, nonfiction and poetry. Just read! It is important.

The Brisbane Council Libraries are doing great story time activities for children. Check out their website. If you are not a member it is easy to join online so you have a membership number to log on. They are doing a great job.

Below are some activities to try around books and reading. Colour in the activities as you do them. You MUST have permission from your parents or caregivers before you go to one of the websites suggested below.

<p>An Old Favorite Design a bookmark or two. Be creative. Raid your craft box. Keep them to share later and use them when reading.</p>	<p>Scavenger Hunt Use the books you have at home and complete the Book Scavenger Hunt. Sheet supplied.</p>	<p>Book Talk Use the Talking about Books sheet and talk about the books you are reading with someone. Just a few questions.</p>	<p>Lego or Construction Create a scene or character from Lego or construction material. Make sure you tell someone at home about it.</p>
<p>Book End Pages Look at the end pages of the book. Create your own end pages for the book adding your own flair to the illustration.</p>	<p>Craft Activities for all year levels. It is great to relate a craft or drawing activity to a book. Try Pinterest for ideas or Arty Crafty Kids at www.artycraftykids.com Have fun.</p>	<p>Scratch for Juniors. If you have access to this coding site and create a simple story. Only have a maximum of 3 characters. Good luck.</p>	<p>Writing a Poem 1 Acrostics are easy. Write the name of a character, setting or topic vertically down the page. Write a word, phrase or sentence for each letter of the word. Read it to someone.</p>
<p>Writing a Poem 2 Another idea: Choose a photo or picture from a magazine and write a poem about it. It could be one verse or more. Or just write down some words that you think about when looking at the picture. Make a 'Wordle' for it.</p>	<p>Nonfiction Activity 1 Choose a nonfiction book or magazine article. Write down or tell someone 3 - 5 interesting facts that you have found out about the topic. Choose 1 fact and draw a picture about it. Write a caption.</p>	<p>Nonfiction Activity 2: Atlas With or without an atlas. A to Z of World Countries A to Z of World Capital Cities Younger students explore a map of Australia. Find all the states and capital cities.</p>	<p>Nonfiction 3 Websites Check out and explore the National Geographic Kids and NASA websites. www.natgeokids.com www.nasa.gov/kidsclub/index.html</p>

Talking About Books

Listed below are a range of questions you can use to explore the book you are reading with your child. You don't have to ask every question – just a couple. Also adapt to the age of your child.

Fiction

Before reading:

- Why did you pick this text?
- What makes you think this book is going to be interesting?
- What do you think the text is going to be about?
- Do you know of any other books this author has written?

During reading

- If the main character in this story lived next door, would you be friends? Why or why not?
- If you could ask the character something, what would it be?

- Where is the book set?
- What does the place look like in your head?
- Would you like to visit there?

- What do you think will happen next?
- What do you hope will happen next?

After reading

- Who was in the book?
- Who was your favourite character? Why?
- Describe one of the characters to me. Tell me what they look like and what their personality is like (are they kind, bossy, cheeky, talkative)
- Is there a character in the story that reminds you of someone you know? If so, who are they like, and how are they similar?

- If you tell a friend about this story, what will you say?
- Can you retell the story in sequence order (use your fingers and sequence words: first, second, then, next etc)
- What was the big problem or event in the story?
- How did the characters solve the problem?
- Did it end the way you thought it would? Would you have ended the story differently?

- Show or tell me some words you would like to know more about. Maybe we could use a dictionary to help.

Nonfiction

- What is something new you've learnt?
- How is this information book different to fiction/story books?
- Has this text challenged your thinking about something?
- Are you interested to learn more about this topic?
- Let's find the technical words in the text that are often bolded and check the glossary to find more about them.

Picture Book Scavenger Hunt



Look through your favourite picture books at home.

Find the items below. Show someone or tick each item when you have found it.

An animal with fur

The word together or happy

A picture of the moon

Someone sleeping

A cat

Someone running

A bicycle

Someone laughing

A picture of a book or someone reading

A picture of the countryside

A picture of someone eating or cooking

A book with a blue cover

A book with a tree on the front cover

A word starting with the first letter of your name

Make it harder and find a character whose name starts with the first letter of your name