



Stafford State School

Independent Public School

Term 2

Week 1

Year 5

Home Learning

Learning Areas:

- English
- Mathematics
- HASS
- Science
- Health/PE
- Music
- Chinese

Monday – Week 1



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Independent Public School

Wellbeing Task	Practise 5 minutes of calm breathing everyday – either first thing after waking up, after exercise or right before bed to help you sleep. Hold your hands to your chest and feel your chest rise and fall to the count of 4 or 5.
Morning English	<p><u>Reading (20 minutes minimum)</u></p> <ul style="list-style-type: none"> ▪ Choose a non-fictional book / resource to read. ▪ Answer these questions: <ul style="list-style-type: none"> - What was this book about? - What are three facts you have learnt from reading it? <p><u>Spelling</u></p> <ul style="list-style-type: none"> ▪ Complete Soundwaves Unit 11 page 1 <p><u>Daily Writing Warm Up</u></p> <p>Watery World Sheet – Complete activity 1</p> <p><u>English</u></p> <p>Read: reading comprehension ‘Headless chicken monster’ (resources) Comprehension: Complete the Quick Quiz. Answer in full sentences. Analyse: Highlight all the verb in the first section from” A deep sea what it looks like”.</p> <p>See if you can come up with a synonym for the chosen verb. Make sure it still makes sense in the context it was taken from.</p> <p>Respond:</p> <p>What would you name this creature if you found it? Why? Use full sentences to explain your thinking. No one-word answers.</p> <p><u>Study Ladder / Read Theory</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on one of these platforms
Break	
Middle Maths	<p><u>Problem Solving</u></p> <ul style="list-style-type: none"> ▪ Mrs Jeffs has some 3-D shapes. She wants to use them to help her draw a creative picture. She has 2 spheres, 1 cone, 4 rectangular prisms, 2 triangular prisms and 1 cube. Sometimes, Mrs Jeffs uses all of the 3-D shapes in her drawing. Other times, she chooses only some of the shapes to use. Draw some creative pictures using Mrs Jeffs’ shapes. <p><u>Mental Maths</u></p> <ul style="list-style-type: none"> ▪ Complete Monday Week 11. <p>Write out your 5 times tables. Have your parent / carer test you.</p> <p><u>Mathletics</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on Mathletics
Break	
Afternoon HASS	<p><u>Places in Australia</u></p> <p>Remember how we looked at two different countries last term and compared their climates, attractions, wildlife, natural features occupations and housing. We then chose the one we would most prefer to live in according to our lifestyle.</p> <p>Now, we would like you to choose between Hobart (Tasmania) and Cairns (Qld). Research each location using the criteria above, record the information, then give reasons why you have chosen to live in either one.</p> <p>This Hass activity is to be completed in Week 2.</p>

Tuesday – Week 1



<p>Note – BTN is live on ABC at 10:00am. Students can watch it then from home or download it from the BTN website to do at any time of the day. Normally we do it at school on a Tuesday afternoon.</p>	
<p>Wellbeing Task</p>	<p>Practise the mini yoga flow sequence from class – breath in to rocket, breathe out to ragdoll, breath in halfway lift, breathe out plank, breathe in cobra, breathe out down dog and hold 3 breaths, jump feet to hands, breathe in and halfway lift, breathe out rag doll, breathe in reverse swan dive to rocket, breathe out finish in mountain – repeat 5 times slowly.</p>
<p>Morning English</p>	<p><u>Reading</u></p> <ul style="list-style-type: none"> ▪ Choose a fictional book to read ▪ Answer these questions: <ul style="list-style-type: none"> - What was this book about? - Who is your favourite character? <p><u>Daily Writing Warm Up</u></p> <ul style="list-style-type: none"> ▪ Watery World Sheet – Complete activity 2 <p><u>English</u></p> <p>Read: reading comprehension ‘Lego’ (resources)</p> <p>Summarise: key points of the news item.</p> <p>Comprehension: Complete the Quick Quiz. Answer in full sentences</p> <p>Vocabulary: Create a glossary for the following words from the article. eroding: durability: petroleum-based: compatible:</p> <p>Compose: Lego is one of the most popular toys on earth. Imagine that it is the year 3320, 1300 years from now. Design and describe the toy that you think will be the most popular for the kids of 3320.</p> <p><u>Soundwaves</u></p> <ul style="list-style-type: none"> ▪ Complete the second page of Unit 11 in your Soundwaves book <p><u>Study Ladder / Read Theory</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on one of these platforms
<p>Break</p>	
<p>Middle Maths</p>	<p>Complete the Division Colour Fun and What’s the message activities (resources)</p> <p>Write out your 6 times tables. Have your parent / carer test you.</p> <p><u>Mental Maths</u></p> <ul style="list-style-type: none"> ▪ Complete Tuesday Week 11. <p><u>Mathletics</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on Mathletics
<p>Break</p>	
<p>Afternoon Wellness/ Yoga</p>	<p>BTN – Watch episode of BTN</p> <p>For each story write something you THINK, something you KNOW and something you WONDER.</p> <ul style="list-style-type: none"> • Refer to Wellness/ Yoga sheet



Wellbeing Task	Teach someone in your family how to play handball. You could use chalk to make squares outside.
Morning English	<p><u>Reading</u></p> <ul style="list-style-type: none"> ▪ Choose a non-fictional book to read. ▪ Answer these questions: <ul style="list-style-type: none"> - What was this book about? - What are three facts you have learnt from reading it? <p><u>Spelling</u></p> <ul style="list-style-type: none"> ▪ Write your Soundwaves words in alphabetical order. <p><u>Daily Writing Warm Up</u></p> <p>Watery World Sheet – Complete activity 3</p> <p><u>English</u></p> <p>Read: reading comprehension ‘Dolphins’ (resources)</p> <p>Comprehension: Complete the Quick Quiz. Answer in full sentences.</p> <p>Respond:</p> <p>Write the points For and Against dolphins living in a pool at a marine park versus a sea-pen sanctuary in the harbour. Do this in a table with two columns</p> <p>Compose: Where do you think dolphins are happiest? Have you seen a dolphin in captivity?</p> <p>No one-word answers. Use full sentences to explain your thinking.</p> <p><u>Study Ladder / Read Theory</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on one of these platforms
Break	
Middle Maths	<p>Problem Solving:</p> <p>Just how much are you worth?</p> <p>Assign a dollar value to each letter of the alphabet (a=\$1, b=\$2, c=\$3, d=\$4 and so on).</p> <p>Use addition to calculate the value of your full name and three family members/ friends’ names.</p> <p>Whose name is the most expensive?</p> <p>Whose name is the cheapest?</p> <p>How much are your names worth altogether?</p> <p><u>Mental Maths</u></p> <ul style="list-style-type: none"> ▪ Complete Wednesday Week 11. <p>Write out your 7 times tables. Have your parent / carer test you.</p> <p><u>Mathletics</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on Mathletics
Break	
Afternoon Chinese	<p>HASS – Continue Research on Hobart and Cairns.</p> <p>Be ready to choose which one you would like to live in for the next session. Do you like the snow or the heat?</p> <ul style="list-style-type: none"> • Refer to Chinese sheet



Wellbeing Task	Practise the skipping challenge. How many forward skips can you do in 30 seconds, how many backward skips can you do in 30 seconds and how many tricks can you do in 30 seconds. If you have access to the internet search 30 jump rope tricks you can learn #JumpingJordyn
Morning English	<p><u>Reading</u></p> <ul style="list-style-type: none"> ▪ Choose a fictional book to read ▪ Answer these questions: <ul style="list-style-type: none"> - What was this book about? - Who is your favourite character? <p><u>Daily Writing Warm Up</u></p> <ul style="list-style-type: none"> ▪ Watery World Sheet – Complete activity 4 <p><u>English</u></p> <ul style="list-style-type: none"> ▪ With parent/carer guidance, look at some headlines in a magazine, newspaper or article. <p>Respond: What is the purpose of headlines?</p> <p>Compose: Discuss with someone what you think the purpose of headlines and titles are. Where do you see these? Are they only used in written, informative pieces?</p> <p>Respond: Create a series of headlines using 5 words, then 4 words, 3 words, 2 words and finally one word only, to announce 5 different things you have done over the last few days.</p> <p><u>Soundwaves</u></p> <ul style="list-style-type: none"> ▪ Choose 10 of your soundwaves words to write into sentences. <p><u>Study Ladder / Read Theory</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on one of these platforms
Break	
Middle Maths	<p>Using the timetable for local public transport (trip Planner) Choose a route and start points/endpoints. Calculate how long the trip will take.</p> <p>Calculate: plan a day trip involving at least two stops. Create your own timetable for the day. Calculate the time to travel from each stop to the next. Convert timetable times from 24-hour to 12-hour time.</p> <p>Write out your 8 times tables. Have your parent / carer test you.</p> <p><u>Mental Maths</u></p> <ul style="list-style-type: none"> ▪ Complete Thursday Week 11. <p><u>Mathletics</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on Mathletics
Break	
Afternoon Health and PE PE	<p>Keep a diary of physical activity you participate in each day this week. Record the time spent each time.</p> <p>How could you improve your throwing, catching or kicking skills?</p> <p>Practise: kick, throw, or bounce a ball towards a target. Observe how you can change your body position to apply different amounts of force to the ball.</p> <ul style="list-style-type: none"> • Refer to PE sheet

Friday – Week 1



Wellbeing Task	Ask someone to read you The Farm - Yoga Story (attached) perform the yoga poses when you hear them read just like in class.
Morning English	<p><u>Reading</u></p> <ul style="list-style-type: none"> ▪ Choose a non-fictional book to read. ▪ Answer these questions: <ul style="list-style-type: none"> - What was this book about? - What are three facts you have learnt from reading it? <p><u>Soundwaves</u></p> <ul style="list-style-type: none"> ▪ Time how long it takes to write out your spelling words. Record your time. Try again. See if you can beat your first time. Ask an adult to test you on your words. <p><u>Daily Writing Warm Up</u></p> <ul style="list-style-type: none"> ▪ Watery World Sheet – Write a paragraph using the picture as a stimulus. Remember to use those key Seven Steps – Sizzling Starts, Show, Don't Tell etc. Be sure to edit your work and share it with a family member. <p><u>Study Ladder / Read Theory</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on one of these platforms
Break	
Middle Maths	<p>Complete the Timetable activity provided by TransPerth. (resources)</p> <p>Write out your 9 times tables. Have your parent / carer test you.</p> <p><u>Mental Maths</u></p> <ul style="list-style-type: none"> ▪ Complete Friday Week 11. <p><u>Mathletics</u></p> <ul style="list-style-type: none"> ▪ Spend 15 – 20 minutes doing some tasks on Mathletics
Break	
Afternoon Health/PE Music	<p>Challenge: identify two personal goals for a more active lifestyle. Brainstorm how you could achieve each goal.</p> <p>Plan: how you might involve other members of the family in this physical activity challenge.</p> <ul style="list-style-type: none"> • Refer to Music sheet <p>Complete any activities not completed this week.</p>

Week 1 Daily Writing - Watery World



Sean was the only person who had taken notice of the warning. A great flood had swept over the planet, and now life was very different...

1. Sentence challenge!

Brackets can be used to add some extra information to a sentence. Can you add some information in brackets to this sentence?

Sean's home () was quite comfortable.

The sea () was filled with colourful fish.

His house () was quite rickety.

2. Question time!

How did Sean survive the great flood?

Can you make a list of all of the things Sean needs to survive? How will he obtain them all?

What are the biggest dilemmas that Sean faces? How will he overcome them?

Is he alone?

3. Sick sentences!

These sentences are 'sick' and need your help to get better. Can you help?

Sean lived underwater. Lots of fish swam around him. The water was blue. The water was clear. He was alone.

4. Perfect picture!

Can you design the perfect underwater home?



Scientists discover 'headless chicken monster' in Southern Ocean

October 23, 2018 8:14AM News Corp Australia Network

ANIMALS

Reading level: Green

A deep-sea cucumber known as a "headless chicken monster" has been filmed in the Southern Ocean for the first time using camera technology developed by Australian researchers.

The creature was filmed off East Antarctica and it is the first time the species has been seen in the area.

"Some of the footage* we are getting back from the cameras is breathtaking*, including species we have never seen in this part of the world," Australian Antarctic Division Program leader Dirk Welsford said.

The creature, *En ypniasites eximia*, has only been seen before in the Gulf of Mexico and was captured in the Southern Ocean by cameras developed by the Australian Antarctic Division.

It is known as a "headless chicken monster" because that's what it looks like.

Our oceans are home to an incredible number of amazing sea creatures

"The housing that protects the camera and electronics is designed to attach to toothfish longlines* in the Southern Ocean, so it needs to be extremely durable*," Dr Welsford said.

"We needed something that could be thrown from the side of a boat and would continue operating reliably* under extreme pressure in the pitch black for long periods of time."

The information collected from the cameras is being presented at the annual Commission for the Conservation of Antarctic Marine Living Resources meeting starting in Hobart yesterday.

Australia's commissioner for the meeting will push for a new East Antarctic Marine Protected Area.

"The Southern Ocean is home to an incredible abundance* and variety of marine life, including commercially sought-after* species, the harvesting of which must be carefully managed for future generations," commissioner Gillian Slocum said.

The 10-day Antarctic conservation meeting will also include proposals on how to respond to climate change.

WHAT IS A SEA CUCUMBER?

Not a vegetable or a fruit!

A marine animal with a tough, leathery skin in a group of creatures called echinoderms, with starfish and sea urchins.



Scientists have captured footage of a deep-sea swimming sea cucumber known as the 'headless chicken monster'.

Tube feet that look like tentacles around their mouths gather algae, tiny aquatic animals and waste into its mouth.

Fish and humans eat sea cucumbers. They are a delicacy — a special-occasion food — in Asian cuisines*.

Home is the ocean floor. Some species live in shallow water, others in deep water. There are about 1250 known species found all around the world.

Defence against attack is pretty spectacular! Some discharge sticky threads to capture enemies. Others can mutilate* their own bodies. And others shoot their organs out of their anus*. The good news is they quickly grow their organs again.

Source: National Geographic

QUICK QUIZ

1. Which ocean was the sea cucumber found in?
2. What is *En ypniaastes eximia*?
3. Where else in the world has this creature been seen?
4. The camera used to film the creature has to be very strong to withstand pressure. Why?
5. Why is the film of this creature being shown at the meeting?

HASS Research Task

Hobart		
Environmental characteristics		
climate		
major landforms		
wildlife		
other		
Human characteristics		
housing		
clothing		
recreation activities		
other		

Cairns		
Environmental characteristics		
climate		
major landforms		
wildlife		
other		
Human characteristics		
housing		
clothing		
recreation activities		
other		



Scientists discover Lego lost at sea could survive 1300 years

AFP and The Sun, March 19, 2020 6:45PM Kids News

ENVIRONMENT

Reading level: Green

Lego bricks are so tough they could survive in the sea for 1300 years, according to new research.

Scientists analysed blocks, made of a plastic called acrylonitrile-butadiene-styrene, that washed up on the coast of southwest England after being lost from a container ship that was hit by a massive wave during a storm in 1997.

They confirmed the ages of individual pieces, weighed them, then compared them with unused pieces from the 1970s and 1980s.

It allowed them to work out the rate at which the plastic was eroding* in the salt water.

The Plymouth University study came to the conclusion the bricks could survive in the sea for anywhere between 100 and 1300 years.

Dr Andrew Turner, associate professor in environmental sciences, said: "Lego is one of the most popular children's toys in history and part of its appeal has always been its durability*.

"It is specifically designed to be played with and handled, so it may not be especially surprising that despite potentially being in the sea for decades, it isn't significantly worn down.

"However, the full extent of its durability was even a surprise to us."

Dr Turner said the study highlighted the potential impact that some plastics can have on the environment.

Volunteer groups in southwest England have found thousands of bits of Lego and other plastics during regular beach clean-ups.

LEGO FOR THE FUTURE

Lego has promised its bricks will be 100 per cent sustainable by 2030.

The acrylonitrile-butadiene-styrene most Lego pieces are made from is a petroleum-based* substance.

For now, 2 per cent of its plastic pieces, or 80 of the around 3600 construction pieces, are made of a sugarcane-based polyethylene.

These pieces are mostly trees, leaves and bushes in the kits, which do not have to meet the same durability requirements as bricks, which have to stick together tightly.

It is a technical challenge, as Lego wants to ensure customers do not notice any difference between the old plastic and any new materials. New pieces must have the same physical properties as the old ones: strength, colour fastness and sticking power, in order to remain compatible* with older pieces.

Lego vice-president Tim Brooks said Lego is also making cautious advances in the field of recycled plastic. "Recycled materials is a very interesting area but you need to understand where that material comes from," Mr Brooks said.

The company refuses to share its production secrets, but insists it reuses its own plastic waste products in its production.

Antidia Citores, spokeswoman of the environmental group Surfrider Europe, said replacing one plastic with another would not reduce emissions.

"Changing one plastic for another is not a revolution, not in terms of pollution or carbon emissions," she said

FAST FACTS

- Lego is a Danish company based in Billund, western Denmark.
- The name Lego is a contraction in Danish for "Leg Godt" or "Play Well".
- In 2018 BBC reported that Lego makes 75 billion bricks a year.
- It's estimated there are about 80 bricks for every person on Earth.

QUICK QUIZ

What is acrylonitrile-butadiene-styrene a type of?

Why do Lego pieces keep washing up on the English coast?

What does Antidia think about Lego's attempts to change the type of plastic?

What country is Lego from?

How many Lego bricks are there thought to be for every person on Earth?



Bucky, Calamity, Bella, Zippy and Jet are the subjects of an Australian-first happiness study

Donna Coutts, May 28, 2019 7:00PM Kids News

ANIMALS

Reading level: Green

A world-leading scientist is studying dolphins in Australia to find out if they are happy.

Animal behaviour expert Dr Isabella Clegg is in Coffs Harbour, NSW for the Australian-first study into the welfare* of five dolphins at the Dolphin Marine Conservation Park.

The dolphins’ carers and park owners would like to know whether Bucky, Calamity, Zippy, Bella and Jet would be happier in their pool or in a sea-pen sanctuary in the nearby harbour.

Zippy, Bella and Jet have never been in the ocean. Bucky and Calamity were both born in the wild but were later rescued.

All five dolphins are Indo-Pacific bottlenose dolphins and are the only dolphins at the marine park.

Dr Clegg will study the dolphins in their current home in the tourist park’s pools and the results can then be compared with future studies if the dolphins are moved to sea pens.

Dr Clegg completed a major research project (called a PhD) in 2017 at the University of Paris in France on dolphin welfare and how to measure animal emotions.

In this study, she will look at the personality of each of the five dolphins and their behaviour with each other and with humans.

If they are moved to sea pens, the dolphins can be studied again to help everyone decide where the dolphins are happiest. If they are found to be happier in the pools, they can come back from the sea pens.

“A lot of projects and places want to (create sea pens) because they assume it will be better for the animal’s welfare,” Dr Clegg told ABC.

“But it’s really important to check by doing such a welfare study before and after they move just to ensure* that they are in a better situation than before.”

Animal activists — people who work to improve the welfare of animals — have protested in the past about dolphins being kept in captivity* at Dolphin Marine Conservation Park.

Dr Clegg told ABC that so far, she had seen positive signs of the dolphins’ welfare at the park and “good social bonds**” between the animals.

The marine park announced in March that it will no longer breed dolphins in captivity, making its current family the last generation in captivity.

The decision means Sea World in Queensland is the last marine park in Australia to continue breeding dolphins in captivity.

DR CLEGG'S FIRST STUDY

The three-year research project Dr Clegg carried out at a marine park in France involved watching dolphins in three different situations: alone in a pool, alone in a pool with toys and playing with a human trainer or carer in the pool.

The dolphins showed their enthusiasm for playing with humans by actions such as being more active, swimming around the pool more, spending time at the side of the pool and "spy hopping", which is peering above the water surface to look in the direction trainers usually come from.

"All dolphins look forward most to interacting with a familiar human," Dr Clegg told BBC.

Neither the French study nor the Australian study can tell us whether dolphins prefer being in the wild over being in captivity, but the French study told researchers dolphins like interacting with people.

VIDEO: Dolphins frolicking in the ocean around a surfer at Secret Harbour, Perth, WA

THE DOLPHIN FAMILY

BUCKY: male born around 1970, named after Nambucca, NSW, the place from where he was rescued in 1970. He and his mother Sandy became stranded on an oyster bed and became badly sunburnt and dehydrated*. Father to Zippy, Bella and Jet.

CALAMITY: female born around 1981, rescued from the Tweed River, NSW, in 1992 after becoming tangled in discarded fishing line. She was released into the river but was rescued again 18 months later tangled in fishing line and plants and badly injured. Mother to Bella and Jet.

ZIPPY: male born June 26, 1988 at Dolphin Marine Conservation Park. Dad is Bucky and mum is another rescued dolphin named Buttons. The name Zipper is a play on his mother's name.

BELLA: female born July 11, 2005 at Dolphin Marine Conservation Park. Dad is Bucky and mum is Calamity.

JET: male born December 3, 2009 at Dolphin Marine Conservation Park. Dad is Bucky and mum is Calamity.

INDO-PACIFIC BOTTLENOSE DOLPHINS

- Also called Indian Ocean bottlenose dolphins or spotted bottlenose dolphins
- Scientific name *Tursiops aduncus*
- Grow to 2.6m long and weigh up to 230kg
- Live around the entire coast of mainland Australia but not around Tasmania
- Also lives close to the coast of India, South China, the east coast of Africa and countries bordering the Red Sea
- Not listed as threatened or endangered

GLOSSARY

- **welfare:** health and happiness
- **ensure:** make certain something will happen
- **captivity:** opposite to in the wild
- **social bonds:** relationships with other animals, including humans



TIMETABLE ACTIVITY 1

READ THIS FIRST

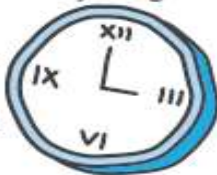
I've decided that I want to start catching the bus to and from school. My mum has been dropping me off and picking me up, but to be honest, I feel like I want to start doing a bit more for myself, it's not as though I'm in Kindy any more!



Also, my mum has a new job in a completely different part of town, which is making it tricky. Allowing enough time to

drop me off at school in the mornings and still get to work on time means leaving so early. Even then, we still seem to sit in peak traffic and my mum gets stressed out about being late for work. It's not a great way to start the day! After school, my mum's found it hard to get away from work on time and I end up hanging around waiting when I'd rather get home. It also seems like an unnecessary journey in the car, which obviously isn't great for the environment.

The best option for everyone seems to be for me to start using the bus to get to and from school.



I picked up a local bus timetable (I'm pretty sure I can look up the bus times online too) and the times are also displayed on the bus stops.

I live 5 minutes' walk from Appleby Road. I'm pretty sure this is my nearest bus stop. I go to school at Applecroft School, which is at the other end of School Close. I need to be at school for 8.30am, except on Wednesdays when I have a drum lesson before school, so I need to be there for 8am. I've seen where the bus stop is on School Close – I think it's a five-minute walk from school.



Wednesdays are busy for me. School finishes at 3pm, but I need to get to netball training, which is at Barton Recreation Centre. I could walk it, but it feels like a long way when I'm carrying my sports gear. Training usually finishes around 4.30pm, by which time I'm keen to get home.



DO YOU THINK YOU'D BE ABLE TO HELP ME WORK OUT WHICH BUSES I SHOULD CATCH? I'VE NOT DONE THIS BEFORE AND COULD DO WITH A HAND.



TIMETABLE ACTIVITY 1

BUS TIMETABLE – CITY CENTRE TO TAYLOR STREET

Stop	City Centre	Appleby Road	Smith Street	Barton Way	School Close	West Street	Taylor Street
A	07:10	07:14	-	07:20	07:25	07:27	07:30
B	07:30	07:34	07:38	07:40	07:45	07:47	07:50
C	07:45	-	07:53	07:55	07:55	07:57	08:00
D	08:00	08:04	08:08	08:10	08:15	08:17	08:20
E	08:10	08:14	-	08:20	08:25	08:27	08:30

BUS TIMETABLE – TAYLOR STREET TO CITY CENTRE

Stop	Taylor Street	West Street	School Close	Barton Way	Smith Street	Appleby Road	City Centre
A	15:20	15:23	15:25	15:30	15:32	15:36	15:40
B	15:40	15:43	15:45	15:50	15:52	15:56	16:00
C	16:00	16:03	16:05	16:10	16:12	16:16	16:20
D	16:20	16:23	16:25	16:30	16:32	16:36	16:40
E	16:40	16:43	16:45	16:50	16:52	16:56	17:00

QUESTIONS	ANSWERS
Which bus should I catch to school usually (A, B, C, D or E)? →	
What time would I need to leave home to catch this bus? →	
Which bus should I catch on a Wednesday when I have to be at school for 8 o'clock (A, B, C, D or E)? →	
How much earlier would I have to leave home on a Wednesday? →	
If I missed the earlier bus, how long would I have to wait for my next bus and what time would it get me to school? →	
I've noticed that some buses don't stop at Appleby Road. Would it be an option to walk to a different stop? What do you think? →	
Which stop should I get on and off at? →	
How long will the bus journey take me? →	
My friend, Joe gets on the bus at Smith Street. I'd like to catch the bus to school with him, but I'm not sure which bus he gets. Have you got any idea? →	
Which bus do you think I should usually catch home? →	
Which bus should I catch to netball training on Wednesdays after school? →	
If training finishes around 4.30 - which bus would I catch home? →	
If training runs late and I don't get away until 5pm, what time do you think the next bus would be? →	



Yoga Story – The Farm

Get someone in your family to read the story slowly. Each time you hear a yoga pose mentioned, move into that pose and hold until you hear the next one. Will you be quick enough to perform each of the poses correctly?

Yoga poses in this sequence

Butterfly	Superman	Snake/Cobra
Tree	Relaxation	Mouse
Ragdoll	Bridge	Dog
Star	Rocket	Cat
Mountain	Aeroplane	Cow

The Farm

The **dog** peeked out from the farm house door. He was spying on the old barn **mouse**. He was waiting for the perfect moment to **rocket** after the **mouse** like **superman**. The **dog** had been stalking that pesky **mouse** for years. He watched over him like **stars** in the night sky.

This energetic, friendly **dogs** name was Red. He was a cattle **dog** who spent most of his days rounding up **cows** on a busy dairy farm. When Red **Dog** was not chasing **cows**, he would be stirring up the farmer's **cat**, hunting for cold blooded **snakes** or planning his next move on the old barn **mouse**.

When Red **Dog** was taking the **cows** up the **mountain** one cool Saturday morning, he made a plan to leave some cheese under the **trees** by the large, wooden **bridge** in the front paddock. He made a wish upon a **star** that evening – 'Tomorrow will be the day for me - Red **Dog** - to catch that mischievous barn **mouse**'. He then dreamt of himself wearing a **superman** cape and galloping full speed over the **bridge** to where the hidden cheese was left. He imagined in his dream the moment he pounced on that barn **mouse** who often stole his crumbs from last night's dinner.

In the morning, when Red **Dog's** duties with the **cows** were complete, he carefully placed the cheese and waited patiently for the **mouse** to arrive by the noisy, willow **trees**. Suddenly, Red **Dog** saw a rustle in the grass and heard a loud noise. He **rocketed** towards the camouflaged **mouse**. He floated like a **butterfly** through the air. But landed with a THUMP. There was no **mouse**. There was no cheese. There was just one happy **cat** with a full tummy.

Dog had been defeated again. He took 5 deep breaths and rested in **relaxation** to plot his next daring strategy.